



DREAMS aims to reduce new HIV infections by 40 percent among girls aged between 10-24 years old. Through the DREAMS partnership The U.S. President's Emergency Plan for AIDS Relief (PEPFAR) provides training, education and opportunities so these young girls can realize an AIDS-free future.

## KENYA

### **DETERMINED, RESILIENT, EMPOWERED, AIDS-FREE, MENTORED AND SAFE WOMEN (DREAMS)**

Girls and young women account for 74 percent of new HIV infections among adolescents in sub-Saharan Africa. Complex structural vulnerabilities including poverty, gender inequality, sexual violence and a lack of education increase their risk of contracting HIV. Limited economic and social opportunities often result in risky sexual practices that lead to poor health, education, and social outcomes.

Through DREAMS, at-risk adolescent girls and young women aged 10-24 years can live determined, resilient, empowered, AIDS-free, mentored and safe lives in the toughest of environments. Safe-space peer meetings give adolescent girls and young women the opportunity to interact and learn ways of building their resilience, confidence and self-esteem. The goal for DREAMS is to reduce HIV infections by 40percent among this cohort.

## OUR WORK

DREAMS uses participatory methods to provide individualized, evidence-based, and comprehensive HIV care and gender-based violence (GBV) prevention, treatment, and protection services for adolescent girls and young women. These interventions are sensitive to age cohorts (10-14, 15-19, and 20-24 years) and cater to individual circumstances. The combination of interventions reduces risks and vulnerabilities to HIV infections; and ensures that girls and young women have access to continued HIV prevention, mitigation, and care and treatment services.

## ACHIEVEMENTS

Since 2015, DREAMS has:

- Empowered over 12,252 adolescent girls and young women to build social capital, networks, and assets that improve their livelihoods and health dimensions; and make them less likely to be victims of sexual harassment and violence.
- Reached 22,719 adolescent girls and young women with appropriate health education that enabled them make informed decisions about their reproductive health.
- Reached 9,020 adolescent girls and young women with HIV/AIDS with GBV prevention training. Switch training enables people who have older medications in their regimen switch to newer meds or combo pills to reduce pill count.
- Provided over 11,900 adolescent girls and young women with information on healthier and safer sexual practices.
- Supported over 5,500 adolescent girls and young women with social protection services.
- Trained over 9,700 adolescent girls and young women on financial literacy skills, leading to improved money management and a culture of saving.
- Provided family planning education to 6,000 adolescent girls and young women and strengthened family planning systems to become more responsive and youth-friendly.
- Equipped over 3,100 parents and caregivers of adolescent girls and young women with primary prevention messages that reduce sexual risk and promote parent-child communication about sexuality.
- Provided education subsidies to over 4,138 adolescent girls and young women to improve their school access, retention, graduation, and transition to the next level of schooling.

### ACTIVITY LOCATIONS

Kamukunji Sub-county (California, Eastleigh Airbase and Pumwani wards) in Nairobi County in Kenya

### IMPLEMENTING PARTNER

Global Communities

### KEY PARTNERS

Bill and Melinda Gates Foundation  
Girl Effect  
Johnson & Johnson  
Gilead  
ViiV Health Care

### USAID CONTACT:

Irene Muriuki  
Program Management Assistant  
Tel: +254-20-363-2000  
Email: [lmuriuki@usaid.gov](mailto:lmuriuki@usaid.gov)

### PARTNER CONTACTS

Betty Adera  
Chief of Party  
Email: [badera@chfkenya.org](mailto:badera@chfkenya.org)

### FOR MORE INFORMATION

Email: [usaidke@usaid.gov](mailto:usaidke@usaid.gov)  
Website: [www.usaid.gov/kenya](http://www.usaid.gov/kenya)  
Facebook: USAIDKenya  
Twitter: @USAIDKenya